

Steps in St Kilda Beginners Meeting – Sobriety Chips

This group gives out **sobriety chips** to members to celebrate recovery.

We give out chips for AA Birthdays as well as for 9 months, 6 months, 3 months, 2 months, 1 month and 1 week sobriety. If you are a newcomer and this is your first time at this meeting, you can take a chip as well.

As I call out each milestone, please let us know and we'll pass the chip along to you and ask you to share briefly.

As you read out each of the sobriety lengths below, for each person who takes a chip, congratulate them and have the chip passed around the room to the person. Ask each of them if they would like to share briefly.

Is there anyone here who is celebrating an **AA birthday – one or more years** of continuous sobriety?

Is there anyone here who has reached **9 months** sobriety during the past week?

Is there anyone here who has reached **6 months** sobriety during the past week?

Is there anyone here who has reached **3 months** sobriety during the past week?

Is there anyone here who has reached **2 months** sobriety during the past week?

Is there anyone here who has reached **1 month** sobriety during the past week?

Is there anyone here who has reached **1 week** sobriety during the past week?

Is there anyone here in their **first week of sobriety** who would like to take a **newcomer's chip**?

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